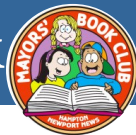


Mayor's Book Club Newsletter



March 2021

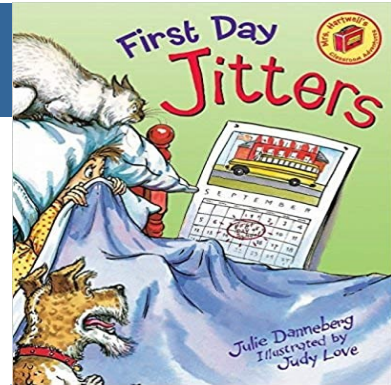
Edition 122

The Mayor's Book Club is pleased to present our Book-of-the-Month for March:



First Day Jitters

By: Julie Danneberg



Sponsored By:

Healthy Family Partnership, Inc.

It's Fun and Easy!

First Day Jitters by Julie Danneberg is a story that many of us can relate to—starting something new. Whether it is school, work, a place of worship, a playgroup, or a social event, it can hard sometimes to put yourself out there and meet new people.

Tip #1 – **First Day Jitters** is a book with a lot of dialogue throughout the story. You could select to voice one character, while your child voices the other. It will enable your child to hear the different characters and practice reading out loud.

Tip #2 – The story starts off with Sarah at home with Mr. Hartwell and their cat and dog. Can you spot the cat and dog throughout the first few pages? It can be fun to study the illustrations and see who else is in the background.



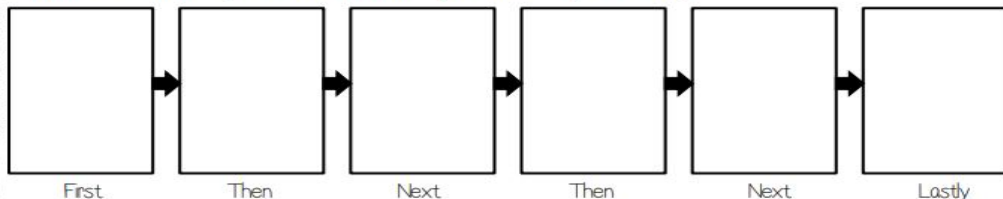
This month's story is **First Day Jitters** by Julie Danneberg.

The story shows how starting at a new school can be scary and facing the unknown for some people, especially for Sarah in this story.



SEQUENCING: FIRST DAY JITTERS

Cut out each event and glue them in order of sequence according to the story.



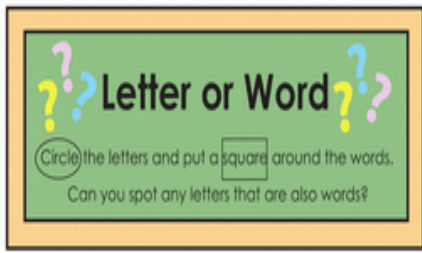
- | | | | | | |
|--|------------------------------------|---------------------------------|--|---------------------------|-----------------------------------|
| Mrs Burton introduces Sarah to the class | Mr Hartwell snapped the shade open | Sarah stumbles and gets dressed | Sarah talks about missing her old school | Mrs Burton welcomes Sarah | Mr Hartwell gives Sarah her lunch |
|--|------------------------------------|---------------------------------|--|---------------------------|-----------------------------------|



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B cat tree
 moon A mice
 star hat y
 K u dog
 sun I X



BRING THE STORY TO LIFE!

In the story “First Day Jitters” by Julie Danneberg, Sarah Jane is worried about starting school she had the first day jitters. Sarah Jane was not a student she was the teacher. The 2020 school year has been a difficult time for many, your children may be nervous about school and the possibility of going back to in person instruction. Reading this book together can be a great way to discuss with children how they are feeling about school.



COMMUNITY RESOURCES

Hampton Area Parks

Mill Point Park

100 Eaton St, Hampton, VA 23669

Waterfront green space offering picnic spots, a pavilion & frequent events such as festivals.

Gosnold’s Hope Park

901 Little Back River Rd, Hampton, VA 23669

Riverfront park with a boat/kayak launch, sports fields, charcoal grills & an RV campground.

Sandy Bottom Nature Park

1255 Big Bethel Rd, Hampton, VA 23666

Environmental education preserve on 456 acres with a lake & nature center set on reclaimed land.

Buckroe Beach and Park

100 S 1st St, Hampton, VA 23664

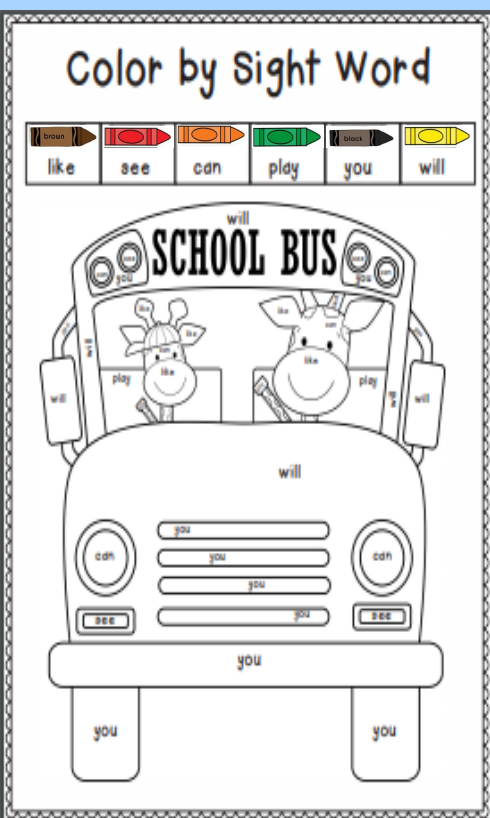
Recreational beach park with kayak/paddleboat rentals, a playground, stage pavilion & picnic sites.

BOOK PICKS

Last Day Blues
by Julie Danneberg

Cowboy Slim
by Julie Danneberg

The Day You Begin
by Jacqueline Woodson



X C P S W T Q D V L Z A B K C
 V Q F F Z A B T Q O D E L N H
 K L U N C H B O X O D J I E O
 M G D S F F K U V H A V J R N
 M O T V R B G L W C B U H D E
 B A O V B J N N H S S U O L Y
 C A S R S S X S O K N G C I G
 X G Q B S W H V Q T J D K H V
 I Q Y J N S W Y O O N K R C J
 R S A R A H A N X A A X D I O
 B B I R H Z V L U S R A T K A
 G L J T F A D W C T S T F B G
 L W F P R Y G N C A E N G E Q
 L W X F L O C P C R Z W W Y R
 S R K Q D Z B K S L A Z A Y T

JITTERS
 SARAH
 SCHOOL
 HONEY
 BED
 CAT
 DOG
 TOAST
 LUNCHBOX
 CLASSROOM
 CHILDREN



Thanks to the Langley Civic Leaders Association, Exchange Club of Wythe, and Downtown Hampton Exchange Club for their sponsorships.