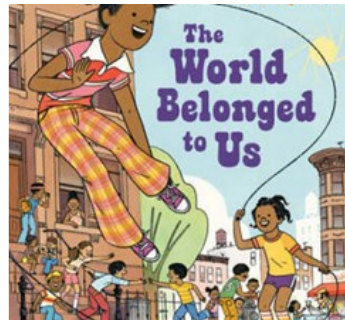


Mayor's Book Club Newsletter

May 2024

Edition 152

The Mayor's Book Club is pleased to present our Book-of-the-Month for May:



The World Belonged to Us

By Jacqueline Woodson

It's Fun and Easy!

The World Belonged to Us by Jacqueline Woodson is a fantastic story about summer break from school, warm weather, and fun days.

Tip #1 - **The World Belonged to Us** by Jacqueline Woodson is a wonderful story to read to prepare for the warm summer months. You can discuss the activities you see in the book-jump rope, basketball, roller skating, skateboarding, coloring, fort building, and much more.

Tip #2 - The illustrations in the story are bright, lively, and full of summer activities.

It can be wonderful to study the pictures to what the characters are doing, the toys they are playing with, and the treats they are eating.

Tip #3 - The book features many different cultures and languages. Does your family, friends, or classmates speak one of the languages mentioned? Celebrating diversity and sharing memories can bring the story to life.

How to Have Fun

- Do not get stuck in unhealthy habits of thinking
- Get Silly
- Stop and Smell the Roses
- Try New Things
- Make Time for the Things you Love
- Look on the Bright Side
- Put the Phone Down
- Connect with People



Having fun and truly experiencing pleasure and joy in life is just as important as being productive. Having fun reduces stress, improves sleep, and helps you think more clearly. It is essential to life, and without it, we can easily feel caught up in an unhealthy cycle of constantly working and crashing. Remember to seek out laughter in your life and enjoy the little moments.



Sponsored By:
KPMG



Did You Know?

The World Belonged to Us

Helps Children Understand Community

Being a part of a healthy community gives us a sense of belonging. It allows us to feel more connected to the environment and our neighbors. It provides us with a sense of safety, security, acceptance, and love. Community members in a healthy community have genuine, mutual respect for one another and are strongly committed to where they live.



COMMUNITY RESOURCES

FUN, FUN, FUN!! OUTDOOR GAMES

Hopscotch

Number of Players: One at a time.

Equipment: Hopscotch grid, rock, or beanbag.

Use sidewalk chalk and make a hopscotch grid.

Number the squares from one to ten.

Pick an item that is good for tossing.

Start by tossing the item onto Square

Hop over the item and hop to the end with a single foot or both feet.

Turn around and come back, stopping on Square 2.

Balancing on one foot, pick up the item in Square 1 and hop over Square 1 to the start.

Continue this pattern with Square 2, and so on.

Your turn is over if you toss your rock and miss the correct square.

Hampton Area Parks

Location: **Mill Point Park**

Address: 100 Eaton St

Waterfront green space offering picnic spots, a pavilion & frequent events such as festivals.

Location: **Gosnold's Hope Park**

Address: 901 Little Back River Rd

Riverfront Park with a boat/kayak launch, sports fields, charcoal grills & an RV campground.

Location: **Sandy Bottom Nature Park**

Address: 1255 Big Bethel Rd

Environmental education preserves on 456 acres with a lake & nature center set on reclaimed land.

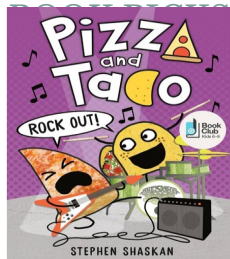
Location: **Buckroe Beach and Park**

Address: 100 S 1st St

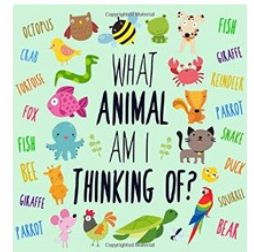
Recreational beach park with kayak/paddleboat rentals, a playground, stage pavilion & picnic sites.

Visit the City of Hampton's Website for additional family fun activities.

I Scream, You Scream, We All Scream for Ice Cream!
How many children are running to the ice cream truck for ice cream?



Pizza And Taco
by Steven Shaskan



What Animal Am I Thinking of
by Webber Books

FUN, FUN, FUN!! OUTDOOR GAMES

Red Light, Green Light

Number of Players: A small group.

Equipment: None.

One person is the traffic light at one end,

and the other players are at the other end.

When the traffic light says, "Green light!"

The group tries to get as close to the traffic light as possible.

When the traffic light says, "Red light!" everyone must freeze;

if anyone is spotted moving,

they must return to the starting place.

The first person to tag the traffic light wins and becomes the next traffic light.

Hey Diddle Diddle
By James William Elliott

Poetry Corner



Hey, diddle, diddle,
The cat and the fiddle,
The cow jumped over the
moon;
The little dog laughed
To see such sport,
And the dish ran away with
the spoon.

Thanks to the Langley Civic Leaders Association, Air Force Association—Langley Chapter, and Exchange Club of Wythe for their sponsorships.